

DAILY REGIME

4am: 1st dose of prescribed drugs

6am: Essiac tea, Serrapeptase

7.30 am: breakfast, blueberries and organic oats with GC MaF probiotic yoghurt, fresh juice + remaining vitamins/supplements

Dandelion tea throughout the day

12 noon: 1 capsule, cannabis oil, 80% THC

3pm: 1 capsule, cannabis oil, 80% THC

4pm: 2nd dose of prescribed drugs

9pm: Essiac tea on retiring to bed

SCAN 2, APRIL 17, 2019 **Result:** reduction observed in 3cm facial tumour – not scanned; abdominal cavity: 12cm tumour – reduced to 7cm; x3 1.5 cm tumours – each reduced to approx. 1.2 cm; 1.7cm lung tumour – reduced to 6mm; 2mm tumour in soft tissue next to spine at base of neck – disappeared, replaced by scar tissue; multiple areas of cancerous cells in tissue behind kidney – disappeared, replaced by scar tissue; tumour in muscle in front of liver – overall reduction

SCAN 3, JUNE 2019 **Result:** 3cm facial tumour – reduced to 2cm; abdominal cavity: 12cm tumour – reduced to 6.3cm; x3 1.5 cm tumours – not measured individually, continuing to shrink; 1.7cm lung tumour – no change; tumour in muscle in front of liver – not big enough to measure

SCAN 4, AUGUST 2019 **Result:** 3cm facial tumour – no change; abdominal cavity: 12cm tumour – reduced to 6.1cm; x3 1.5 cm tumours – one disappeared, other 2 still reducing; 1.7cm lung tumour – no change; tumour in muscle in front of liver – not big enough to measure

SCAN 5, OCTOBER 2019 **Result:** 3cm facial tumour – reduced to 1.9cm; abdominal cavity: 12cm tumour – reduced to 5.9cm; x3 1.5 cm tumours – two disappeared, one still reducing; 1.7cm lung tumour – reduced to 5mm; tumour in muscle in front of liver – not big enough to measure

OBSERVATIONS

Since diagnosis, patient has continued taking Dabrafenib and Trametinib at previously recommended dosage levels, has experienced minimal side effects from the drugs, some localised discomfort on site of tumours, nothing that requiring any medication. Occasional fatigue and slight nausea, not enough to take the anti-nausea medication prescribed. Continues to work 3 days per week at the local fish factory and life has pretty much gone on as normal. Been able to continue to go out with the boat and fish, still enjoys a glass or two of red wine.

Since early July, he and his wife have been swimming in the sea every morning to stimulate the immune system, hoping to continue throughout the year (Latitude: 55.6° N)

She reports: *'The doctors expected the tumours to shrink but not so much at first scan as they expected them to increase in the month that he was not on treatment. I think the tea has helped with the side effects of the drugs as it has helped keep him so well.'*



CASE HISTORY

Male aged 56; born, 15 May 1963, aged 56 years

Country of residence: Scotland (UK)

DIAGNOSIS: February 5, 2019, **MELANOMA, stage 4 with BRAF mutation**

HISTORY

August 2017: lump on face diagnosed as cyst with no action needed unless it became painful. The lump continued to grow.

January 2019: tooth removed under anaesthetic.

February 5, 2019: biopsy of lump on face, melanoma diagnosis confirmed.

SCAN 1, FEBRUARY 5, 2019, multiple tumour mass identification: 3cm facial tumour; 12cm tumour in abdominal cavity spreading towards heart; 3 additional tumours in abdominal cavity all approx. 1.5 cm; 1.7cm tumour in lung; 2mm tumour in soft tissue next to spine at base of neck; multiple areas of cancerous cells in tissue behind kidney; tumour in muscle in front of liver; primary tumour not identified.

CHEMOTHERAPY: targeted **Dabrafenib (150 mg twice daily), Trametinib (2mg once daily)** doses 12 hour apart on an empty stomach (food intake not permitted either 2 hours before treatment or one hour after). Radiation not recommended.

Treatment begins March 1, 2019: Oncologist advises patient not to expect great results as the cancer has had approx. one month of unchecked growth prior to start of treatment.

VITAMINS/SUPPLEMENTS: *(commencing 1 week after diagnosis)*

Cannabis Oil, full extract ,1ml daily

Dandelion tea

Vitamin C

Vitamin B12

Vitamin K

Omega 3

Serrapeptase

Black Seed Oil

GC MaF cream and vitamin D spray

GCMaF probiotic yoghurt

Organic apricot kernels, up to 50 per day, discontinued on commencement of prescribed medication

DIETARY CHANGES: Fresh beetroot juice, with celery, carrot and ginger; minimal sugar; occasional organic red meat; lots of green vegetables, especially broccoli; lots of fresh fish, particularly mackerel.

MARCH 26, 2019: FOUR-HERB, CLASSIC ESSIAC TEA (*Rumex acetosella* content = 100% root)

Dosage: 30ml diluted in water twice daily – first thing, morning; last thing at night.

